

**RAHA INTERNATIONAL SCHOOL
GARDENS CAMPUS**

POLICIES

Policy title	Health Screening Policy
Policy number	GC_POL_HS_026
Policy Version	1
Effective date	September 2022
Scheduled review date	September 2025

Prepared by	Name
Clinic Team	Clinic Team


Approving Committee	Name	Signature
Vice Principal	Carol Michelle Pratt	

Table of Contents

PURPOSE.....	3
POLICY STATEMENT	3
SCOPE.....	3
TARGET AUDIENCE	3
RESPONSIBILITY	3
PROCEDURE.....	3
DEFINITION OF TERMS	5
CROSS REFERENCES	5
Revision Log	6

PURPOSE

The purpose of this policy is to provide guidelines and standardized enactment of DOH's school health screening.

POLICY STATEMENT

- The school health screening recognizes children who have early signs of health problem which may hinder their learning and development. This helps promote prompt intervention to treat a health issue/problem. Early treatment prevents the risk of serious health problems.
- In March 2010, the HAAD launched a new standard for school health screening. This dictated the Medical History, BMI, and Vision Screening as mandatory.

SCOPE

This standard applies to all RIS students from KG1 to Grade 12.

TARGET AUDIENCE

The policy applies to all students, school staff, school administration, RIS school nurse, and parents/legal guardians.

RESPONSIBILITY

The school nurse has the initiative to implement the health screening program. The cooperation of the school staff and administration is greatly demanded for the compliance of DOH's school health program.

The parents/legal guardians should thoroughly read, fill, and sign the **RIS-STUDENT MEDICAL RECORD** which are given upon the entry of their child.

PROCEDURE

6.1 Medical History

6.1.1 The medical history of the student is summarized in the **RIS-Student Medical Record**.

The school administration has the responsibility to provide the student medical record form to the parents/legal guardians of the incoming new student.

- i. The student medical record clearly enumerates different health problems such as DM, Asthma, Seizure problem, Special needs, and other health issues which will govern the school nurse's medical support plan to the student.

- ii. The student medical record also elaborates the precautionary measures to intervene a health issue such as Epipen for Allergic Reactions, Inhaler for Asthma attack, Insulin for DM, and other emergency medication.
- iii. If a student is diagnosed with a serious health issue such as DM, the parents/legal guardian should provide a **MEDICAL SUPPORT PLAN** initiated by their family doctor. The medical support plan should be signed by the following:
 - parent/legal guardian;
 - advisory teacher;
 - head of year group;
 - school nurse;
 - school principal.
- iv. In addition, the student medical record informs the parents/legal guardian of the DOH's school Vaccination campaign, and the need to provide the health center with the vaccination record of their child.

6.1.2 The school nurse should keep the RIS–Student Medical Record in the health center's record room for documentation, reference, and safekeeping.

6.2 BMI (Body Mass Index) & Vision test/Screening

6.2.1 BMI and Vision test starts in the beginning of the 2nd term of the school year. Data for height, weight, and distance acuity is needed. The school administration should send the list of updated ADEK student list of the school term.

6.2.2 The school nurse should notify all the HEAD of each year group to begin the activity.

- Head of Early Years
- Head of Primary
- Head of Secondary

6.2.3 The HEAD of the grade group sends notification to all the parents/legal guardians.

- i. Refusal should be considered but with proper reference such as disapproval or disagreeing in an email letter. Verbal disapproval in telephone maybe entertained but email letter should be encouraged.

6.2.4 Notification to the advisors and subject teacher should also be done by the school nurse.

- i. Schedule and location of the activity should be collaborated accordingly together with the Head, advisors, subject teachers, and school nurse.

6.2.5 Recording of data should be kept confidential. Numbers may be given but outcome such as overweight, near-sighted, etc., should be kept discreet from the school nurse.

- i. Absent student should be considered. The student is requested to visit the clinic as authorized by the advisor or the subject teacher.

6.2.6 The school nurse should notify the parents/legal guardians for those only with BMI and/or vision problem.

- i. The parents/legal guardian should expect to cooperate with the school nurse to seek further evaluation to their family doctor.

6.2.7 Completing the DOH program, all data should be encoded in the ADEK's eSIS database.

DEFINITION OF TERMS

DOH	Department of Health – Abu Dhabi
HAAD	Health Authority – Abu Dhabi (previous name of DOH)
RIS	Raha International School
ADEK	Department of Education and Knowledge – Abu Dhabi
Medical Support Plan	Summarized medical intervention concerning specific health issue
eSIS	ADEK database software
DM	Diabetic Mellitus

CROSS REFERENCES

- <https://schoolsforhealth.haad.ae/school-clinics/school-screening-program.aspx>
- https://schoolsforhealth.haad.ae/media/27282/haad_school%20screening_ver1.pdf
- https://schoolsforhealth.haad.ae/media/19142/haad_school%20screening_ver%201.pdf

Revision Log

Date	Changes	Reviewed By
Sep 2022	New Policy	Carol Pratt
Aug 2024	Policy Review	Carol Pratt