



**RAHA
INTERNATIONAL
SCHOOL**
Gardens Campus

Term 3 Extra Curricular Programs & Raha Raptors

Information Booklet



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Extra Curricular Program

VISION

Our extracurricular program (ECPs) is a vibrant and integral part of student life, extending from Early Years to Grade 12. We believe that education goes beyond the classroom, and our ECPs provide a rich array of opportunities for students to explore their interests, develop their talents, and forge lasting connections with their peers.



Our program is designed to nurture creativity, teamwork, and leadership skills, allowing every student to find their passion. Whether participating in sports, arts, science clubs, or community service projects, students are encouraged to step outside their comfort zones and embrace new challenges. These experiences not only foster personal growth, but also help students understand the value of collaboration and community.

At the heart of our ECPs are the principles: relationships, aspiration, and excellence:

Relationships: We recognise that meaningful connections are essential to student success.

Aspiration: We inspire our students to dream big and pursue their passions with dedication.

Excellence: We are committed to offering high-quality extracurricular experiences that challenge our students and enable them to excel in their chosen areas.

Our ECPs are key to developing well-rounded individuals who embody the principles of the IB learner profile. We emphasise inquiry, creativity, and personal growth, ensuring that every student feels valued and empowered to contribute uniquely to our community.

RAHA RAPTORS

VISION

We are committed to growing students. The Raha Raptors' strives to provide meaningful sporting opportunities for all, offering both competitive and non-competitive pathways that empower athletes of all abilities. Whether through play or performance, we strive to foster a culture of excellence, inspiring every participant to reach their fullest potential and aspire to be their best.



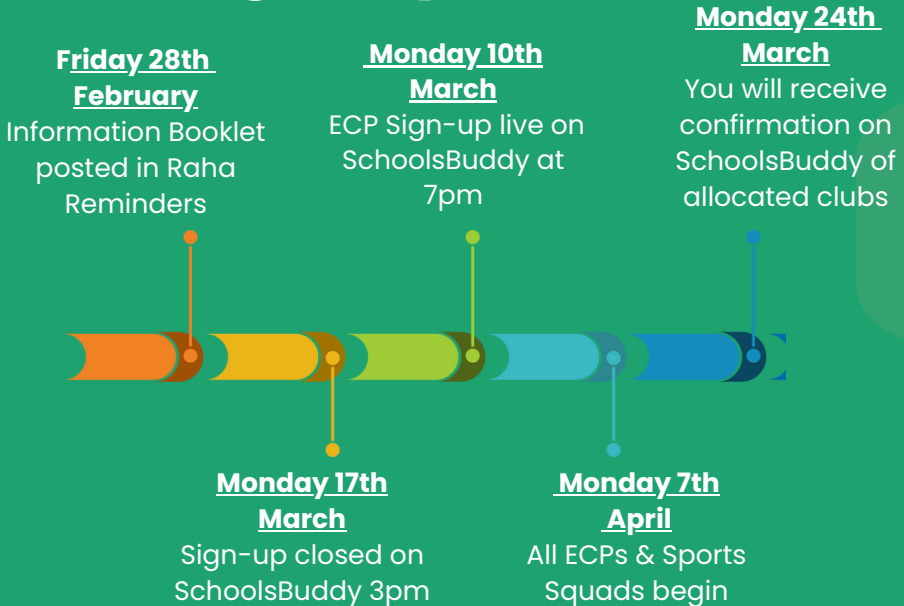
Guided by the values of the IB Learner Profile, we use sport as a powerful tool for developing key attributes such as resilience, teamwork, and leadership. Our approach encourages athletes to grow not only in their skills but also in character, embodying traits such as being principled, taking risks, reflecting on their actions, and showing care—both on and off the field.

This vision is aligned with our three core pillars of sport: Sport for All, ensuring inclusive participation and development for every athlete, regardless of ability; High Performance, offering pathways for those who aspire to compete at the highest levels; and Curriculum, linking sport to broader educational goals and the PYP/MYP curriculum.

Term 3 Dates

Term 3	Start	End
Teacher-Led ECPs	Monday 7th April	Thursday 29th May
External ECPs (Paid)	Monday 7th April	Infinite Sports - 28th June CF Tennis - 20th June Arabian Swim - 28th June
Raha Raptors Sports Squads	Monday 7th April	TBC

Sign-Up Timeline



EY 1 TEACHER-LED ECPs SCHEDULE

1pm - 2pm

ECP	Day	What will this ECP involve?	Success Criteria
COLOURING CLUB	WEDNESDAY	Children will enjoy drawing their interests and using materials to colour pictures.	Children will learn to express their feelings through arts and colours.
CHILDREN'S STORY TIME & YOGA W/ POSITIVE SING A LONG WITH DISNEY	WEDNESDAY	Children will enjoy simple yoga and meditation , which supports a growth mindset and then following this, we will choose to sing along to our favourite, empowering Disney songs.	Children will learn to listen, follow instructions and will be more focused .
FUNKY FINGERS	WEDNESDAY	Children will enjoy series of fun activities to improve their fine motor skills and hand-eye coordination.	Children will learn to use their senses to explore a variety of materials.
CREATIVE CLUB	WEDNESDAY	Children will enjoy sensory play in the front hub of Block B	Children will learn to use their senses to explore a variety of materials.
ARTS & CRAFTS	WEDNESDAY	Children will enjoy getting to know students from other classes while expressing their creativity and strengthening fine motor skills.	Children can express their feelings through arts and colours.
WALKING YOGA AND ART CLUB	THURSDAY	Children will practise relaxing and mindfulness techniques and the use of vivid imagination through walking yoga. Children will also enjoy practising their expression through art to bring their imagination to life.	Children can use their imagination to express their ideas in artistic ways

EY 2 TEACHER LED ECPs SCHEDULE

2pm - 3pm

ECP	Day	What will this ECP involve?	Success Criteria
LEGO CHALLENGE	WEDNESDAY	Children will enjoy meeting new friends and using their imagination to create with Lego and complete different challenges.	Children can actively explore ideas using lego. They can communicate their ideas to others and listen to feedback.
FOCUS GROUP - READING	WEDNESDAY	Children to focus on a range of text/stories to help them with their word recognition and fluency.	Children can read a sentence. and can read with some expression with fluency.
COLOURING CLUB	WEDNESDAY	Children can focus on fine motor skills and practice meditation and mindfulness	Children will develop the arts and crafts while practicing mindfulness.
SENSORY PLAY / FINE MOTOR SKILLS	WEDNESDAY	Focus on sensory awareness, language development, fine motor skills as well as problem solving	Children can improve their sensory awareness, cognitive development in an enjoyable way.
CONSTRUCTION CLUB	WEDNESDAY	Children are able to explore different construction materials to build a range of different structures independently and with their peers.	Children will learn to follow instructions. They can create a structure using different materials and they can work in a team.
ARABIC READING	THURSDAY	Enhance the Arabic reading & writing skills throughout Language Games such as crosswords, puzzles.	Children will improve their Arabic reading and writing skills.

GRADE 1-5 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
Drawing	3 & 4	Monday	Follow along to draw imaginative pictures at your own pace. Tools will be provided but feel free to bring your own. iPads required.	Students will accurately follow directions to produce a detailed drawing.
Sketch Club	3-5	Monday	Join us to practice and to develop new drawings skills in a calm and relaxing environment. All levels welcomed!	Students will focus on improving their drawing skills by using various colors and materials, such as crayons, markers, and pencils.
Sound Healing/ Meditation	1-3	Monday	We will explore the important relationship with ourselves, and improve our mindsets through sound healing (singing bowls) and meditation in a fun way.	Students will enhance their self-confidence and learn strategies to manage stress.
Quran Recitation & Islamic Craft	4 & 5	Monday	Learn and recite some surahs from the holy Quran with tajweed rules; they will also create some amazing Islamic crafts.	Students will recite short Surahs from the Holy Quran, applying the rules of Tajweed.

GRADE 1-5 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
Comics & Crosswords	1 - 5	Monday	"Unlock your love for puzzles and stories with our Comics and Crosswords Club! Dive into a world where wit meets wonder as you solve brain-teasing crosswords and immerse yourself in captivating comic adventures."	Students will develop peer relationships, communication and problem solving skills.
Art and Craft	5	Monday	Students will explore different ways to create and make art using a variety of materials and techniques. Some projects will connect to local culture and values, while others will encourage personal creativity and imagination.	Explore Cultural Connections – Create art inspired by different cultures, values, and traditions. Build Confidence in Artistic Expression – Feel comfortable taking creative risks and experimenting with new ideas.
Construction	1 & 2	Wednesday	Construction club is a time to be imaginative and creative with a variety of different materials. Students will have the opportunity to work as a team to create different models each week.	Students will build with a variety of materials, while being caring and respectful towards others.
Origami Club	4-5	Wednesday	Join us in origami club as we explore the ancient craft, while enhancing fine motor skills.	Children can follow directions to create designs with paper.

GRADE 1-5 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
Arabic Support Group /Arabic Language games Arabic B	3 - 5 Arabic B	Wednesday	Enhance Arabic reading & writing skills throughout Language Games such as crosswords, puzzles, and challenges related to vocabulary and grammar.	Students will develop reading and writing skills.
Arabic Support مجموعة Arabic A تقوية لغة عربية	4 & 5 Arabic A	Wednesday	Enhance Arabic reading & writing skills throughout Language Games such as crosswords, puzzles,	Students will develop the fundamentals of reading and writing through storytelling.
Lego Club	1-5	Wednesday Grade 1-2 / Thursday Grade 3-5	Children will enjoy meeting new friends and using their imagination to create with Lego and complete different challenges. This club encourages creativity, teamwork and problem-solving as students work on projects either individually or in groups. It's a fun, hands-on way to enhance their fine motor skills and introduce simple engineering and design concepts	Students will actively explore ideas using lego and communicate ideas to others and listen to feedback.

GRADE 1-5 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
Chess Club	1 - 5	Thursday	The Chess Club is a space where students can learn, practice, and enjoy the game of chess while developing critical thinking, strategy, and sportsmanship skills.	Students will learn the basic rules of chess, improving their strategic thinking skills, demonstrating good sportsmanship, and enjoying the game while building confidence in their abilities.
Guitar Club	2 - 5	Thursday	Place and time to practice chords, progressions, and songs according to each student level. Students can bring their own guitar.	Students will practice/develop guitar and music skills.
Just Dance	1 - 3	Thursday	Just Dance engages students in interactive dance routines where they follow on-screen prompts to music. This activity benefits students by enhancing their physical fitness, improving coordination and rhythm, and providing a fun way to relieve stress. Additionally, dancing can boost social interaction when done in groups and stimulate cognitive functions like memory and concentration.	Students will engage fully in dance routines. Improved Coordination: Accurately follow movements. Physical Fitness: Demonstrate increased energy and stamina.

GRADE 1-5 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
Cosmic Kids (Yoga)	1-3	Thursday	Join us to practice and to develop new movement skills during interactive storytelling Cosmic Kids videos! Please bring your own yoga mat along!	Students will develop skills related to balance, movement and focus.
Arabic Support مجموعة تقوية لغة عربية	4	Thursday	This club will focus on the basics of the Arabic language - reading and writing for non-Arab students.	Students will read Arabic texts with accuracy and fluency appropriate for their grade level, while also writing in Arabic using correct grammar, vocabulary, and structure.

GRADE 1–5 TEACHER LED ECPs SCHEDULE

3pm–4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
Skill Zone	4–5	Thursday	<p>This club will support and enhance the development of students' learning skills through Approaches to Learning (ATL), which are designed to help students become more effective learners. These skills are classified into five categories:</p> <ul style="list-style-type: none"> • Thinking Skills: Enhancing critical and creative thinking to solve problems effectively. • Communication Skills: Developing the ability to express ideas clearly and collaborate with others. • Research Skills: Learning to gather, analyze, and present information with confidence. • Social Skills: Building strong interpersonal relationships and teamwork abilities. • Self-Management Skills: Fostering independence, organization, and goal-setting abilities. <p>Through interactive activities, hands-on projects, and collaborative challenges, students will deepen their understanding of these vital ATLs while engaging with their peers.</p>	<p>Effective Integration – Embed ATL skills into inquiry-based learning and real-life contexts.</p> <p>Student Agency – Foster independence by encouraging self-reflection and skill transfer across subjects and everyday situations.</p> <p>Impact & Collaboration – Assess student progress and share best practices with colleagues to enhance learning.</p>

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
LET'S GET CREATIVE WITH LEGO	GRADE 6-8	MONDAY	Get creative and challenge yourself in Lego Club. A calm space at the end of a busy day where you can use your imagination and problem solve amongst friends. Or, if you want to just relax and unwind there will be other activities to choose from.	To develop confidence, build social skills in a relaxing, collaborative environment. Also find ways to regulate emotions through a range of creative activities.
BOOK CLUB	GRADE 6-10	MONDAY	Students will indulge their passion for reading for pleasure. We will also be having exciting discussions on the themes, characters and plots that we have discovered in our favourite books!	Students will enhance their reading abilities, as well as as improve their comprehension and spelling.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
HIIT / HIGH INTENSITY INTERVAL TRAINING	GRADE 6-10	MONDAY	HIIT is a workout strategy that alternates between short bursts of intense exercise and periods of rest or lower-intensity exercise. This method is designed to maximize calorie burn and improve cardiovascular fitness in a shorter amount of time compared to traditional steady-state workouts. A typical HIIT session might include exercises like sprinting, jumping, or bodyweight movements, followed by brief recovery periods. For example, you might sprint for 30 seconds, then walk or jog for 1 minute, and repeat that cycle several times.	Improve fitness and improve physical and mental wellbeing.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
ISLAMIC (QURAN)	GRADE 6-10	MONDAY	The Quran Club at ECP is for dedicated students to learning and reflecting upon the teachings of the Quran, fostering deep discussions and promoting spiritual growth.	Through regular tajweed classes, students will engage in a meaningful exploration of Islamic principles and their application in modern life.
DEBATE CLUB	GRADE 7-10	MONDAY	Students will participate, prepare, and present speeches on opposite sides of an issue.	Participants will develop formalized public speaking skills and build upon research and persuasive writing techniques.
ARABIC CULTURE CLUB - ARABIC B	GRADE 8-9	MONDAY	Understanding of Arabic culture through language, arts, cuisine, and community engagement.	Basic Vocabulary and Phrases: Members can use common Arabic greetings, phrases, and essential vocabulary related to everyday interactions. Cultural Expressions: Members demonstrate an understanding of the cultural significance of certain Arabic expressions, proverbs, and idiomatic phrases.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
PYROGRAPHY	GRADE 6-10	MONDAY	Pyrography, also known as wood burning, is an ancient art form that involves using a heated tool to create intricate designs and patterns on a variety of materials, including wood, leather, and even paper. This ancient and therapeutic craft allows students to express their creativity and imagination while also developing patience, attention to detail, and the ability to transform ideas into tangible works of art	Technical Proficiency: Students can safely and effectively use pyrography tools, demonstrating control over the heat intensity to create varying shades and intricate details. Artistic Techniques: Students are able to apply various pyrography techniques, such as shading, stippling, and line work, to achieve different textures and effects in their artwork.
F1 IN SCHOOLS	GRADE 8-12	MONDAY	F1 in Schools is an international competition that promotes STEM education and provides a platform for students to apply their knowledge in a real-world scenario. Students form teams of 3-6 and develop their own mini F1 team, covering everything from brand identity to aerodynamic performance.	Represent Raha Int School at National Finals

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
FRENCH DELF	GRADE 8-12	MONDAY	DELF Exam preparation for level A1, A2, B1 and B2	Represent Raha Int School at French Ministry Exams
PSYCHED	GRADE 9-12	MONDAY	An introduction to concepts not covered in IB specification e.g. Are criminals born or made? Personality types. Stress and it's effects; is stress ever good for us? Student led with development of research and presentation skills.	Develop and understand psychological reasons for behaviours.
MANGA & ANIME CLUB	GRADE 6-10	MONDAY	Provide a space where students can explore and discuss their favorite anime and manga, share recommendations, reviews, and practice drawing	Artistic and Creative Skills: Assess improvements in members' artistic skills through their participation in drawing workshops and art showcases.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
AISL MATHS CLINIC	GRADE 11-12	MONDAY	Our AISL After-School Clinic offers dedicated support for Grade 11 and 12 students enrolled in the AISL course. These sessions provide a focused environment where students can bring questions and topics they find challenging. Whether it's understanding complex concepts, tackling difficult assignments, or preparing for assessments.	The clinic is designed to help students overcome obstacles and excel in their studies. Join us to get the guidance and clarity you need to succeed in your AISL course.
Card games/Board games	Grade 6-8	MONDAY	Playing card games can significantly enhance students' cognitive, academic, and social skills. By engaging in these activities, students can improve their ability to socialize, develop strong conversational skills, and strengthen their problem-solving and critical thinking abilities	Enhanced ability to form and strengthen friendships. Improved social skills and interpersonal relationships.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
FINANCE CLUB- WALLSTREET	GRADE 9-12	TUESDAY	The Finance Club aims to provide students with a platform to explore financial literacy, investment strategies, and economic trends through workshops	Members will learn practical skills like budgeting, managing investment portfolios, and analyzing real-world financial scenarios.
LIFE SKILLS	GRADE 6-8	WEDNESDAY	"Learning to learn" - Essential life skill activities to instill into child's daily routine	Students will develop skills that will help them to become more independent adults.
WORLD SCHOLAR'S CUP	GRADE 8-9	WEDNESDAY	The World Scholar's Cup is a celebration of learning! The Scholar's Cup events tests your scholarly powers of knowledge and creative thinking. The Scholar's Cup organizers provide a topic to explore throughout the year.	Teams compete in team events such as Team Debate, Collaborative Writing, The Scholar's Bowl, and the Scholar's Challenge.
FILM CRITICS CLUB	GRADE 9-12	WEDNESDAY LUNCH	Students will explore film analysis, critique various films, and discuss themes, styles, and cultural impact.	Develop critical thinking and analysis skills in film.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
BOOK CLUB	GRADE 6-12	WEDNESDAY	Improving reading skills and promoting reading for pleasure	Students will enhance their reading abilities, as well as as improve their comprehension and spelling.
IRISH CULTURE CLUB	GRADE 6-12	WEDNESDAY	Dive into Ireland's essence! Join our Irish Culture Club for a captivating exploration of traditional music, dance, literature, cuisine, and festivities. From Gaelic phrases to folk tales, experience the spirit of Ireland firsthand. Unveil the past through heritage sites, embrace modern arts, and celebrate the nation's identity. Enrich your cultural horizons and be part of this enchanting journey!	Basic Understanding and Participation: Students can identify and share basic aspects of Irish culture, such as common Gaelic phrases, traditional music, or notable festivals, and actively participate in club activities.
EMPOWERING U (UNIVERSITY PLANNING)	GRADE 9-12	WEDNESDAY	Start to plan your university journey and learn about applications.	Understand how early planning and exploring choices helps inform you and reduce future anxiety.

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
COLORING CLUB	GRADE 11-12	WEDNESDAY	Calm, mind-resting coloring	For highly stressed DP students who need an academic escape.
DP MATH TUTORING	GRADE 11	WEDNESDAY	Students can get extra support with preparing for the DP AASL exam.	To further challenge themselves with more complex problems
FILM STUDIES	GRADE 10-12	WEDNESDAY	Learn about the history of film, film techniques and scriptwriting	Work towards creating a short film using techniques learned in the ECP
ATTACKING THE MATH AA-HL EXAM	GRADE 11-12	WEDNESDAY	Students can get extra support with preparing for the DP AAHL exam from: test taking skills, problem solving skills, calculator skills, affective skills.	Student attainment and progress in DP
FTL (THEATRE FOR THE LITTLES)	GRADE 6-12	WEDNESDAY LUNCH	Perform for the youngest members of the community and have fun inspiring them to read.	

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
SPANISH PREPARATION FOR DELE	GRADE 6-7	THURSDAY	DELE Exam preparation for beginners	Represent Raha Int School at Spanish Ministry Exams.
ARABIC LANGUAGE CLUB	GRADE 6-9 Arabic A	THURSDAY	<p>The Arabic Language Club is considered an ideal destination for students wishing to learn and improve their Arabic language skills. The club aims to enhance understanding of the Arabic language through the use of a comprehensive educational curriculum and interactive activities. Activities will include grammar lessons, conversation and educational games to reinforce learning in fun ways.</p>	To further challenge themselves with more complex problems

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
DP MATH TUTORING	GRADE 12	THURSDAY	Students can get extra support with preparing for the DP AASL exam. to further challenge themselves with more complex problems can attend this session .	To further challenge themselves with more complex problems can attend this session .
CYBER SECURITY CLUB (HTB)	GRADE 9-12	THURSDAY	With cyber security being a growing concern in the world and with a big demand for professionals, we will explore and understand how to find weaknesses and how to fix them	Understanding the fundamentals of networking systems and finding a weakness

GRADE 6-12 TEACHER LED ECPs SCHEDULE

3pm-4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
BIOLOGY SUPPORT GROUP	GRADE 12	THURSDAY	Designed to help students reinforce and deepen their understanding of key concepts in the IB Biology curriculum. Exam preparation, working through challenging topics, and additional practice. This supportive group offers a collaborative environment where students can ask questions, solve problems together, and receive guidance from peers and facilitators.	Essential for boosting confidence and academic performance in the final year of the IB program.
THE 10K STEPS /WALK & TALK CLUB	GRADE 6-10	THURSDAY	Aim: to encourage students to reach their 10,000 steps per day (around school) while building relationships	Increasing Participation and Engagement: Over time, the number of students regularly attending the Walk & Talk Club should increase

GRADE 6–12 TEACHER LED ECPs SCHEDULE

3pm–4pm

ECP	Grade	Day	What will this ECP involve?	Success Criteria
<p>RIS SPIS (STEM PROGRAMMING INNOVATION SOCIETY)</p>	<p>GRADE 9–12</p>	<p>THURSDAY LUNCH</p>	<p>A dynamic student-led club focusing on robotics, programming, engineering, and innovation. (hoping to eventually include business)</p> <p>Aim: To help put your creativity and technical skills to work through collaborative STEM projects.</p> <p>We are not a beginner’s club — we welcome all levels but expect dedication, a willingness to learn, and a drive for innovation and creativity.</p>	<p>Hands-on experience in robotics and programming and project management/business</p> <p>Opportunities to work on real-world engineering projects.</p> <p>Development of critical thinking, problem-solving, and teamwork skills.</p> <p>Exposure to new technologies like sensors, AI, automation, and coding languages.</p>
<p>RAHA GRAPHIC DESIGN</p>	<p>GRADE 6–9</p>	<p>THURSDAY LUNCH</p>	<p>Aim: To encourage students to support Raha events and ECPs through creating the poster/art and/or graphic design.</p>	<p>Students are able to apply various techniques in graphic design, such as font work, imaging, to create accurate descriptions and the end goal of the task requirements. This may be departmental, ecp, Raha events or teacher requirements.</p>

Term 3

Raha

Raptors

Squad



Raha Raptors Sports Squads Schedule

Grade 2-5

Sport	Age Group	Training Day & Timings	Fixture Day	What will this Squad involve?
U9 Boys Basketball	Grade 2-3	Wednesday / 3-4pm	Thursday	Students develop essential skills like passing, dribbling, shooting, and defending. They also enhance their teamwork, positioning, and game awareness. The squads will compete in the ADISSA leagues.
U11 Boys Basketball	Grade 4-5	Thursday / 3-4pm	Tuesday	
U9 Girls Basketball	Grade 2-3	Monday / 3-4pm	Tuesday	
U11 Girls Basketball	Grade 4-5	Monday / 3-4pm	Tuesday	
Cheerleading	Grade 4-5	Thursday / 3-4pm	N.A.	Cheerleading is a new ECP for PYP! it is all about teamwork, fun moves, and high-energy routines! Cheerleaders work together to perform while supporting their team. They practice balancing, timing, and working as a group to create exciting performances full of energy and spirit!

Raha Raptors Sports Squads Schedule

Grade 2-5

Sport	Age Group	Training Day & Timings	Fixture Day	What will this Squad involve?
Mixed Volleyball	Grade 4-5	Wednesday / 3-4pm		<p>Students will focus on passing, setting, digging and spiking. Students will use precise techniques to control the ball, with passing to keep the ball in play, setting to position it for a spike, and spiking to score points. Good communication, timing, and quick reflexes are key to success. The goal of this ECP is to develop students skills and knowledge before moving to MYP and Raptors Volleyball</p>

Raha Raptors Sports Squads Schedule

Grade 2-5

Sport	Age Group	Training Day & Timings	Fixture Day	What will this Squad involve?
Triathlon - Cycle Session - Continuation of Term 1	Grade 3-5	Monday 6.15-7.30pm	Sat/Sun	Students continue to develop their skills from term one. Registrations are full season and have closed for this year. The students compete in ADISSA leagues and ADEK cup competitions
Triathlon - Swim-Run Session	Grade 3-5	Tuesday 3-4pm		
Primary Swim Squad	Grade 2-5	Tues/Thurs 6.15 - 7.30am		
Triathlon - Run Session - Continuation of Term 1	Grade 3-5	Wednesday 6:50am - 7:20am	Sat/Sun	

Raha Raptors Sports Squads Schedule

Grade 6-12

Sport	Age Group	Training Day & Timings	Fixture Day	What will this Squad involve?
U13 Boys Basketball	Grade 6-7	Monday / 3-4pm	Wednesday	Students develop essential skills like passing, dribbling, shooting, and defending. They also enhance their teamwork, positioning, and game awareness. Numbers dependent, the squad will train after school and compete in the ADISSA league.
U15 Boys Basketball	Grade 8-9	Wednesday / 3-4pm	Monday	
U13 Girls Basketball	Grade 6-7	Tuesday / 3-4pm	Wednesday	
U15 Girls Basketball	Grade 8-9	Thursday / 3-4pm	Monday	
Swim Squad	Grade 6 - 12	Mon/Weds 6.15am - 7.30am	Monthly	Students continue to develop their skills from term one. Registrations are full season and have closed for this year. The students compete in ADISSA leagues and ADEK cup competitions
Triathlon Cycle Session	Grade 6 - 12	Monday 6.15-7.30pm	Cycle	
Triathlon Team Swim/run session	Grade 6 - 12	Tuesday 3-4pm	Weekends	Students continue to develop their skills from term one. Registrations are full season and have closed for this year. The students compete in ADISSA leagues and ADEK cup competitions

Raha Raptors Sports Squads Schedule

Grade 6-12

Sport	Age Group	Training Day & Timings	Fixture Day	What will this Squad involve?
Triathlon Running Session	Grade 6 - 12	Wednesday 6.50am - 7.20am		Students continue to develop their skills from term one. Registrations are full season and have closed for this year. The students compete in ADISSA leagues and ADEK cup competitions
Waterpolo	Grade 6-12	Friday 6:15am - 7:15am	Tournaments	Students continue to develop their skills from term one. Registrations are full season and have closed for this year.

KEY INFORMATION FOR U9 – U13

- **Capped Enrollment:** To ensure a balanced staff-to-student ratio, spaces in our sporting ECPs will be capped. We encourage families to register early via SchoolsBuddy.
- **A & B Squads:** For most fixtures, A and B squads will be selected. Where possible, we may add a C squad. While initial selection may not include every student, we encourage those not selected to continue attending training, develop their skills, and strive for future selection. Commitment and improvement are key elements of our program. Please note that participation in the sporting ECP does not guarantee selection in fixtures.
- **Inclusive Competition:** While we value success and strive for excellence, we are dedicated to providing competitive opportunities for as many students as possible, ensuring that all athletes have the chance to participate in meaningful experiences.



As athletes transition into MYP/DP (U15/U19) our focus shifts to a more outcome-driven approach, where students refine their skills and work towards achieving success in competitive settings. These squads may train more than once a week. All teams within the Raptors program participate in the ADISSA leagues, ensuring that every athlete has the chance to compete in a structured, high-quality competitive environment.

External Paid ECPs



Arabian Swim Academy

CF Tennis Academy

Infinite Sports

External ECPs (Paid) Schedule

Arabian Swim Academy

Grade	Day & Time	What will this ECP involve?
EY1	Monday / 1:30-2:00pm	<p>Lifelong Swimming Skills, Health Improvement, Social and Recreation Activities, Water Safety Skills.</p> <p>Cost per Session : 84 AED</p> <p>Payment is made directly to Arabian Swim Academy.</p> <p>Contact Information: info@arabianswimacademy.com or phone/ whatsapp 056 440 9418</p>
EY2	Monday / 2:00-2:30pm	
EY1 - Grade 12	Monday / 3:15-3:45pm	
	Monday / 3:45-4:15pm	
	Monday / 4:15-4:45pm	
	Monday / 4:45-5:15pm	
	Monday / 5:15-5:15pm	
	Tuesday / 4:30-5:00pm	
	Tuesday/ 5:00-5:30pm	
	Tuesday/ 5:30-6:00pm	
	Tuesday/ 6:00-6:30pm	
Gr 11 - Gr 12	Tuesday/ 6:30-7:00pm	

External ECPs (Paid) Schedule

Arabian Swim Academy

Grade	Day	What will this ECP involve?
EY1	Wednesday/ 1:30-2:00pm	<p>Lifelong Swimming Skills, Health Improvement, Social and Recreation Activities, Water Safety Skills.</p> <p>Cost per Session : 84 AED</p> <p>Payment is made directly to Arabian Swim Academy.</p> <p>Contact Information: info@arabianswimacademy.com or phone/ whatsapp 056 440 9418</p>
EY2	Wednesday/ 2:00-2:30pm	
EY1 - Grade 12	Wednesday/ 3:15-3:45pm	
	Wednesday/ 3:45-4:15pm	
	Wednesday/ 4:15-4:45pm	
	Wednesday/ 4:45-5:15pm	
	Wednesday/ 5:15-5:45pm	
EY1 - Grade 12	Thursday/ 3:15-3:45pm	
	Thursday/ 3:45-4:15pm	
	Thursday/ 4:15-4:45pm	
	Thursday/ 4:45-5:15pm	
	Thursday/ 5:15-5:45pm	
	Friday/ 12:15-12:45pm	

External ECPs (Paid) Schedule

Arabian Swim Academy

Grade	Day	What will this ECP involve?
EY1 - Grade 12	Friday/ 12:45-1:15pm	<p>Lifelong Swimming Skills, Health Improvement, Social and Recreation Activities, Water Safety Skills.</p> <p>Cost per Session : 84 AED</p> <p>Payment is made directly to Arabian Swim Academy.</p> <p>Contact Information: info@arabianswimacademy.com or phone/ whatsapp 056 440 9418</p>
	Friday/ 1:15-1:45pm	
	Friday/ 1:45-2:15pm	

External ECPs (Paid) Schedule

CF Tennis Academy

Grade	Day	What will this ECP involve?
EY1	Monday/ 1:00-1:45pm	<p>At CF Tennis Academy we believe the after school tennis program is a great introduction to Tennis as well as a beneficial addition to any children who have already started playing. Lessons are focused on teaching students the fundamentals of the sport so children learn the correct technique from their very first time holding a racquet.</p> <p>Lesson plans are based upon:</p> <ul style="list-style-type: none"> Stroke fundamentals Enhanced skills Court awareness Scoring strategy Match Play Teamwork <p>EY1 & EY2 Cost per Session: 75 AED</p> <p>Gr. 1-6 Cost per Session: 85 AED</p> <p>Payment is made directly to CF Tennis Academy.</p> <p>Contact Information: info@cftennisacademy.com or 054-4055023</p>
	Tuesday/ 1:00-1:45pm	
	Wednesday/ 1:00-1:45pm	
	Thursday/ 1:00-1:45pm	
EY2	Monday/ 2:00-2:45pm	
	Tuesday/ 2:00-2:45pm	
	Wednesday/ 2:00-2:45pm	
	Thursday/ 2:00-2:45pm	

External ECPs (Paid) Schedule

CF Tennis Academy

Grade	Day	What will this ECP involve?
Gr 1-2	Monday/ 3:00-3:45pm	<p>At CF Tennis Academy we believe the after school tennis program is a great introduction to tennis as well as a beneficial addition to any children who have already started playing. Lessons are focused on teaching students the fundamentals of the sport so children learn the correct technique from their very first time holding a racquet.</p> <p>Lesson plans are based upon:</p> <ul style="list-style-type: none"> Stroke fundamentals Enhanced skills Court awareness Scoring strategy Match Play Teamwork <p>EY1 & EY2 Cost per Session: 75 AED</p> <p>Gr. 1-6 Cost per Session: 85 AED</p> <p>Payment is made directly to CF Tennis Academy.</p> <p>Contact Information: info@cftennisacademy.com or 054-4055023</p>
Gr 2-3	Tuesday/ 3:00-3:45pm	
Gr 3-6	Wednesday/ 3:00-3:45pm	
Gr 1-2	Thursday/ 3:00-3:45pm	
EY1	Friday/ 12:00-12:45pm	
EY2	Friday/ 12:00-12:45pm	
Gr 1-2	Friday/ 12:00-12:45pm	

External ECPs (Paid) Schedule

Infinite Sports

ECP	Grade	Day	Cost per session	What will this ECP involve?
Tutoring Program	Gr. 2-5	Tuesday / 3:00-4pm	85 AED	Math, Reading Comprehension and Spelling, aligned with Raha School's Curriculum and Teaching Methods.
JSA Basketball	Gr. 1-6	Tuesday / 3:00-4pm	AED 80 per session + 50 registration	
JSA Gymnastics	Gr. 1-6	Tuesday / 3:00-4pm	AED 80 per session plus 50 registration	
Chocolate Making	Gr. 2-5	Tuesday / 2:45-4pm	AED 90	During this ECP your kids are going to make some chocolate products, will explain the difference between a professional and other types of chocolate in the world. This is a unique and amazing experience where your kids are going to use their small motor skills and to develop their creative and artful side.

External ECPs (Paid) Schedule

Infinite Sports

ECP	Grade	Day	Cost per session	What will this ECP involve?
Tutor Program	Gr. 2-5	Wednesday/ 3:00-4:00pm	85 AED	Math, Reading Comprehension and Spelling, aligned with Raha School's Curriculum and Teaching Methods.
Football	Gr 1-4	Thursday / 3:00-4:00pm	100 AED	
Chocolate Making	Gr 6-10	Thursday/ 2:45-4:00pm	90 AED	During this ECP your kids are going to make some chocolate products, will explain them the difference between a professional and other types of chocolate in the world. This is a unique and amazing experience where your kids are going to use their small motor skills and to develop their creative and artful side.
Tutor Program	Gr. 1-6	Thursday/ 3:00-4:00pm	AED 85 per session / Gr.6 AED 100 per session	Math, Reading Comprehension and Spelling, aligned with Raha School's Curriculum and Teaching Methods.

External ECPs (Paid) Schedule

Infinite Sports

ECP	Grade	Day	Cost per session	What will this ECP involve?
Robotics	EY1	Thursday/ 1:00-2:00pm	90 AED	In this course, students are introduced to how coding is made fun with the hardware Robotics kit which will help your child visualize the code's output and understand the concepts better. Every Robotics model is a problem solving challenge that improves your child's coding knowledge along with logical thinking and reasoning skills.
Robotics	EY2	Thursday/ 2:00-3:00pm	90 AED	
Robotics	Gr. 1-6	Thursday/ 3:00-4:00pm	90 AED	
JSA Gymnastics	EY1-Gr 4	Friday/ 12:00-1:00pm	AED 80 per session + 50 registration	
JSA Basketball	EY1-Gr 4	Friday/ 12:00-1:00pm	AED 80 per session + 50 registration	
Emirates Karate	EY2 -Gr 4	Friday/ 12:00-1:00pm	84 AED	We teach your child the key skills of discipline and safety.

External ECPs (Paid) Schedule

Infinite Sports

ECP	Grade	Day	Cost per session	What will this ECP involve?
Mandarin	Gr 1-5	Friday/ 12:00-1:00pm	85 AED	<p>Interactive Learning: Engaging activities, games, and multimedia resources make learning Mandarin fun and effective.</p> <p>Cultural Enrichment: Explore the rich tapestry of Chinese culture through language, traditions, and customs.</p> <p>All Levels: Whether your child is a beginner or already familiar with Mandarin, we offer tailored instruction to suit their needs.</p>

[Payment Link - Infinite Sports](#)



HOW TO SIGN UP

You can sign up for both activities (Teacher led and External ECPs) on a platform called SchoolsBuddy. This is a software platform for integrating parent communications, after school activities signup and allocation.

The signup requires you to make choice of activity and submit these choices through SchoolsBuddy. The School will then allocate based upon your selections and the group size.

When the signup period closes, the School will begin the process of allocating students. You will receive the email notification of the allocated activities. You can also use SchoolsBuddy to view all of these activities in your SchoolsBuddy Diary.

FAQ

ECP Policy