

MONDAY ECPs: EY1-12

Grade	ECP	Description
Grade 1	Lego and Coding	Building and creating with Lego and codings sets.
Grade 1	Arabic reading	Read stories and activities
Grade 1	Strategy games	Come and test your mind to play strategy games and construct puzzles.
Grades 1-2	Sound Healing, Meditation+ Mindset	
Grades 2-3	Drawing	

MONDAY ECPs: EY1-12

Grade	ECP	Description
Grade 3-5	Junior Dukes	Similar to the Duke of Edinburgh in the MYP and DP, this is an after-school club that will run all year - consisting of a series of events and challenges that will help children to become more independent.
Grades 4-5	Cosmic Kids (Yoga)	Join us to practice and to develop new movement skills during the interactive storytelling Cosmic Kids videos!
Grades 6-7	Book club	Improving reading skills and promoting reading for pleasure
Grades 6-10	Coloring club	Calm, mind-resting coloring.
Grades 7-8	PyroCrafters	Pyrography, also known as wood burning, is an ancient art form that involves using a heated tool to create intricate designs and patterns on a variety of materials, including wood, leather, and even paper. This craft allows students develop patience, attention to detail.
	Daily Arabic Culture & Arab discussion for non-Arabs	

MONDAY ECPs: EY1-12

Grade	ECP	Description
Grades 6-8 & Grades 9-11	Debate Club	Students will participate, prepare, and present speeches on opposite sides of an issue. Participants will develop formalized public speaking skills and build upon research and persuasive writing techniques.
Grades 6-12	Create a science childrens book	Combine your interest in science, art and English to design and create a childrens book on a science topic
Grades 8-11	French DELF Club	DELF Exam preparation
Grades 8-11	Mindfulness and Meditation Club	Introduction to mindfulness and meditation to relieve stress, anxiety, and improve focus. Students will participate in mindful eating, journaling, and breathing exercises
Grades 8-12	F1 in Schools	F1 in Schools is an international competition that promotes STEM education and provides a platform for students to apply their knowledge in a real-world scenario. Students form teams of 3-6 and develop their own mini F1 team, covering everything from brand identity to aerodynamic performance.
Grade 10	Personal Project	Whether you're perfectly pro-active or prone to procrastination? An opportunity to work on your project and and 'Get it Done!'

MONDAY ECPs: EY1-12

Grade	ECP	Description
G9-12	Stretch, Snooze & Sounds	An easy "chair yoga", a bit of mindful breathing followed by a guided meditation with music instruments to relax and release tensions.
Secondary	Mindfulness and Meditation Club	Introduction to mindfulness and meditation to relieve stress, anxiety, and improve focus. Students will participate in mindful eating, journaling, and breathing exercises
Grades 11-12 (lunch time)	Academic Writing in Economics	Students will practice analyzing real-world examples through a economic lens. This course is intended on helping students with exam preparation and internal assessments
G11-12	Interval Training	Fitness & wellness

WEDNESDAY ECPs

Grade	ECP	Description
EY1	Colouring Club	Children will enjoy drawing their interests and using materials to colour pictures.
EY1	Water Play	Children willll enjoy making new friends playing and exploring water
EY1	Construction Club	Children will have the opportunity to play with a variety of construction materials while forming new friendships.
G1	Go noodle!	Fun fitness! Lets dance to the music and singing along!
Grades 2-5	Primary Choir	Come and sing a variety of different songs and perform in concerts throughout the year!
Grades 2-5	Chess Club	
Grades 2-5	Let's Play Board Games	
Grades 2-3	Arabic Art club	
Grade 1-5	STEM Club - Invite Only	Students will develop teamwork and problem-solving skills by solving real-world problems.

WEDNESDAY ECPs

Grade	ECP	Description
Grade 9-12	Mindfulness and Meditation Club	Introduction to mindfulness and meditation to relieve stress, anxiety, and improve focus. Students will participate in mindful eating, journaling, and breathing exercises
Grade 9-12	Card games/Board games	

THURSDAY ECPs

Grade	ECP	Description
EY2	Gardening	For children to learn about how plants grow, from seed to flower to seed. To learn about where our food comes from.
EY2	Storytime	Children listen to and engage with a range of stories. To respond to stories through a variety of mediums e.g. art, writing
EY2	Mini cricket	Basic ball and cricket skills
EY2	Arabic Reading	Read stories and activities
Grades 2-5	Irish Culture Club	
Grades 2-5	Guitar Club	10 max, Place and time to practice chords, progressions, and songs according to each student level. Students must bring their own guitar.
Grades 4-5	Quran Recitation and Islamic Craft	Learn and recite some surahs from the holy Quran with tajweed rules; they will also create some amazing Islamic crafts.

THURSDAY ECPs

Grade	ECP	Description
Grades 4-5	Origami Club	
Grades 5-6	Ecosystems in a bottle and more!	You will explore ecological relationships in an artificially made ecosystem. Some of the activities includes: growing brine shrimps, investigating their life cycle, looking at their eggs hatching under the microscope, building terrestrial ecosystems in a bottle, investigating decomposers and much more!
Grades 6-7	Spanish preparation for DELE	DELE Exam preparation for beginners
Grades 6-7	Extra help for beginners club	The Arabic Language Club is considered an ideal destination for students wishing to learn and improve their Arabic language skills. The club aims to enhance understanding of the Arabic language through the use of a comprehensive educational curriculum and interactive activities. Activities will include grammar lessons, conversation and educational games to reinforce learning in fun ways.
Grades 9-10 11-12	PsychPod/Psychology Book Club	Students will write, record, and produce a series of podcast episodes related to topics of their own interest in the world of psychology. Students can also bring a psychological related book in to read with peers for some downtime.
Grades 11-12	Physics Revision	Revise anything related to Physics DP

Arabian Swim Academy

GC Swimming Pool

EY1-Grade 12

Learn to Swim

Monday EY1/EY2 2:00-3:00 PM

EY1-G12 3:15 -5:00 PM

Tuesday EY1-G12 4:30- 6:00 PM

Wednesday EY1-G12 3:15 - 5:00 PM

Thursday EY1 - G12 3:15-5:00 PM

Friday EY1 - G12 2:15- 2:15 PM

CF Tennis Academy

GC Tennis Court

Monday

EY1 - 1:00-1:45

EY2 - 2:00-2:45

G1/2 - 3:00-3:45

Tuesday

G4/9 - 6:45-7:30

EY1 - 1:00-1:45

EY2 - 2:00-2:45

G1/3 - 3:00-3:45

Wednesday

EY1 - 1:00-1:45

EY2 - 2:00-2:45

G3/6 - 3:00-3:45

CF Tennis Academy

GC Tennis Court

Thursday

G4/9 - 6:45-7:30

EY1 - 1:00-1:45

EY2 - 2:00-2:45

G1/2 - 3:00-3:45

Friday

EY1 - 12:00-12:45

EY2 - 12:00-12:45

G1/2 - 12:00-12:45

Raha Raptors

Sports ECPs

ECP Name	Age (Range)	Game Day	Practice Day
U9 Girls Netball	Grade 2-3	None	Monday
U11 Cricket	Grade 4/5	Monday	Thursday 3-4PM
U13 Girls Football	Grade 6-7	Wednesday	Tuesday 6:30-7:30am + Mon. 3-4pm
U19 Girls Football	Grade 10-12	Thursday	Tuesday 6:30-7:30am + Mon. 3-4pm
U13 Cricket	Grade 6-7	Monday	Thursday 3-4PM
U19 Boys Badminton	Grade 10-12	Thursday	Tuesday 3-4pm
U19 Girls Badminton	Grade 10-12	Thursday	Tuesday 3-4pm
U13 Girls Volleyball	Grade 6-7	Wednesday	Thursday 3-4PM
U15 Girls Volleyball	Grade 8-9	Monday	Wednesday 3-4pm