

RAHA REMINDERS

Gardens Campus

Whole School

Key Dates

- 23 Oct:** Back to School
- 25 Oct:** Reading at home for EY parents 8.10am
Secondary Music Recital in [KCC Black Box](#) 5.00pm
- 1 Nov:** Whole School Piano Recital in [KCC Black Box](#)

School Advisory Board

Thank you to all the parents that applied for the position of SAB Board Members.

After shortlisting and interviewing, we would like to announce Raha's School Advisory Board;

- Laure Gougenheim [Chair](#)
- Dr. Nadya Mohamed [Co-Chair](#)
- Aaminah Shafi [Secretary](#)
- Charlene Nawar
- Vinaya George

The SAB will meet half termly with school leaders with a focus on innovation, business and enterprise. More details to follow in the next issue.



Mid-Term Camps

[CF tennis](#)

[Football Rangers Club](#)

[Infinite Camps](#)

EY1-Grade 5 Three Way Conferences

SAVE THE DATE

We have applied to ADEK for Three Way Conferences to be held after school on Wednesday 15th November and all day Thursday 16th November.

Pending ADEK approval, Thursday 16th November will be a student free day for EY1-Grade Five.

We will communicate confirmation once we hear from ADEK.



Whole School Piano Recital

On Wednesday, November 1st at 5pm in the Black Box at KCC, we will be holding a cross-campus PIANO ONLY Recital for students of all ages. Please register your son/daughter's interest using [this form](#). They can be of any learning level but should be able to play a piece confidently all the way through.

It can be a solo or duet (with a peer, parent or teacher depending on their age/level). The closing deadline for registering interest is Thursday 26th October at 3pm.



BLACK BOX AT KCC

[Food Nation Term 1 Menu](#)

[Parent Team Newsletter](#)

We want to thank the PT for the Teacher's Day breakfast!



Learner Profile focus: Knowledgeable

Knowledgeable students are able to identify and understand issues from both a global and local perspective.

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Early Years

Donation stations

A huge thank you to our wonderful Raha community for all of the donations we have been receiving at our EY1 and EY2 'Donation Stations'.

Please do keep them coming, throughout the year we will use the resources for a variety of projects and for our indoor and outdoor classrooms.



Last Week's Answer

What has to be broken before you can use it?
An Egg

Raha Riddles

Where do pianists go on holiday?

Primary

PASS and NGRT assessments

This week, Grades 1-5 students will sit PASS and NGRT assessments using their iPads in their homerooms.

PASS is an assessment of wellbeing and attitudes, while NGRT is a reading assessment.

Please ensure students come to school each day with a charged device and headphones (iPads and headphones will be provided for Grade 1 students).



Mental health week and cancer awareness

This week, students explore breathing exercises for relaxation in the classroom and discuss the importance of a healthy mind in a healthy body.



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Secondary

MYP Newsletter Issue 1

We would like to share a more detailed highlight of the first seven weeks of the Academic Year. There is much to celebrate and be proud of our Raha Community please click in the link:



Tara Manson
Head of Secondary



Vaughan Kitson
Deputy Head of Sec
MYP Coord



[Click here](#)

Mental Health Week

During mental health week in secondary school; we have been exploring some deep reset relaxation techniques, practicing various breathing exercises to relax our bodies, meditation opportunities and drawing/colouring. We have also been exploring tutorial topics such as resilience and communication. Parent Team organised a wellness breakfast for G12 students.



Access to Digital Library

You don't need to go to school to access the library!

With access to JSTOR academic collections, Britannica School, BrainPop and Maktaba, in addition to a host of resource collections to support assessments, the library is available to students and parents using this simple short link which is available to students in every grade Team.

<http://gg.gg/rahasecondarylibrary>

Look out for the "Introduction to Britannica School" event, coming up next month!



Personal Project News

Students have made significant progress in initiating their individual projects. If your child is in the tenth grade, engage in a conversation with them regarding their project and motivate them to allocate dedicated time for its advancement during the midterm break.

It is advisable for projects to have reached a minimum completion of about 25% by the end of the midterm break.

Exhibition is on the 7th February – Hold the date!



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Mobile Phone Reminders

We wish to remind parents that mobile phones are not permitted to be used during the school day. We have high expectations of our students and hold them to a high moral standard. We trust students to abide by this rule and to act responsibly in following this instruction.

Unfortunately, we have had instances of students using mobile phones at school, most notably using mobile phones to film other students.

This goes directly against our Behaviour Policy and our expectations of our students. The UAE has strict laws on filming others without their consent and on cyberbullying. [Posting or sharing an image of someone without their consent is defined as cyberbullying and something that we are strictly against.](#)

Please speak with your child/children to remind them of their social responsibility to support our goal in keeping our students safe

Voices of the Future Generation Competition

and so the
ADVENTURE
Begins

If you are between 8 - 12 years old and you have an idea for an adventure story, this is the competition for you. Your story needs to be written for other children above the age of 6, and it should inspire a better, more sustainable future.

In the past few years, Raha's gifted students have achieved the remarkable feat of becoming published authors in the VOFG book. If you want to become involved use [this link](#) and sign up for the "I write" programme.

Secondary students are invited to contact Ms. Teejay for additional support with their competition entries.

Please note students must be only 12 on the 31 May 2024.

Thought for the Week:

As we navigate through another week of learning and growth, let's reflect on the power of adaptability. The ability to embrace change and approach challenges with resilience is a skill that will serve our students well beyond the classroom. Encourage them to see each new experience as an opportunity for discovery and growth. Together, we're nurturing not just students, but future-ready leaders.



Hi I am Monica, the new face behind Raha Reminders. I am driven by my passion for communication and community building.

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Secondary

Message from our First SRC President

Allow me to introduce myself—I'm Adrian Dos Ramos, a Grade 12 student who has proudly called Raha home for 11 years. With a deep love for sports, I'm not only an avid swimmer but also a passionate triathlete. But beyond my athletic pursuits, my true passion lies in fostering a strong sense of community at Raha. As your newly elected Student Representative Council (SRC) President, I'm thrilled to share my vision for the SRC and our beloved school.

First and foremost, my goal is to make school more enjoyable for each and every student. We are a diverse and vibrant community, and I believe that our school experience should reflect that spirit. To achieve this, I aim to be the bridge between students and senior leadership, ensuring that their voices are heard, and their wishes acknowledged.

Here's a sneak peak into some of the initiatives I would love to see and why the initiatives we're working on are so important. (Please note that all initiatives are pending approvals).

Enhanced Play and Sports: By advocating for full-size soccer goals on the primary field, we're not just investing in sports; we're promoting active lifestyles, fostering teamwork, and providing a space for students to thrive, both physically and socially.

Cafeteria Delights: Bringing back beloved menu items like chocolate and strawberry milk isn't just about taste; it's about creating a cafeteria that feels like a welcoming place where students can enjoy their meals and connect with peers. A digital preordering system will make lunchtime smoother, allowing more time for socializing and relaxation.

Free Fridays: We would love to introduce "Free Fridays" because we believe that every student deserves moments of pure enjoyment. It's a chance for each grade to shape their day and cultivate their interests, fostering a sense of ownership and fun in our school experience. We look forward to sharing more information with you about this.

As the first president of the SRC, my aim is not just to build the SRC but to enhance the school experience. Student ideas, concerns, and dreams matter to us, and we're here to ensure they shape the direction of our school. Stay tuned for more updates and opportunities to get involved. Together, let's make our school a place of joy, growth, and unity.

Best wishes,
Adrian Dos Ramos
SRC President



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Inclusive Insights: Discovering Neurodiversity

Did you know that each child's brain is wonderfully unique? It's all about neurodiversity, which means there's a natural range in how our brains work and how we experience the world. This diversity brings about differences in how children learn and communicate.

Most kids' brains follow typical developmental paths for their age, and we call them neurotypical. However, around 1 in 5-6 children have variations in brain development, like ADHD, autism, or dyslexia, making them neurodivergent.

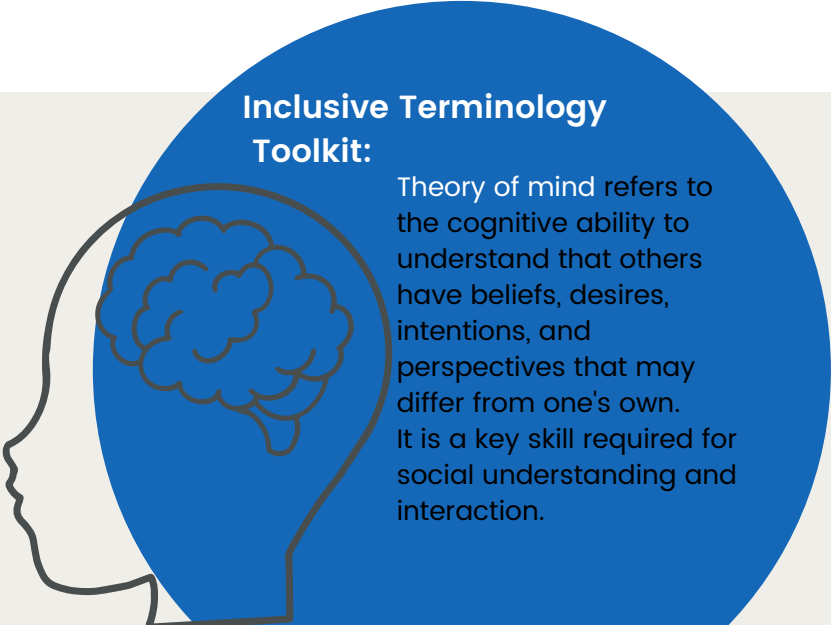
Let's Embrace Neurodiversity!

Embracing neurodiversity is all about warmly accepting, including, and celebrating our neurodivergent children. Their unique qualities are part of our beautiful human tapestry and don't require changing or fixing.

Here's how we can embrace neurodiversity:

- Recognize that neurodivergent children may approach things differently, and that's okay.
- Adjust tasks and activities to ensure everyone can fully participate.
- Celebrate the special skills that neurodivergent children bring to our community.
- Support them in developing strategies that work for them in everyday tasks.
- Understand that behaviors like stimming are natural ways for them to navigate the world.
- Make sure our schools, clubs, groups, and organizations are welcoming and supportive of neurodivergent children.
- Together, let's create a warm and inclusive environment where all our kids can shine, just the way they are!

Inclusive Terminology Toolkit:



Theory of mind refers to the cognitive ability to understand that others have beliefs, desires, intentions, and perspectives that may differ from one's own. It is a key skill required for social understanding and interaction.